

# **2015 NORWIN LACROSSE SHOOTING AND DODGING SKILLS CLINIC**

**INSTRUCTION BY BEN TACKETT (CURRENT PLAYER AT RIT)  
AND ASSOCIATES**

**This 3 hour clinic will concentrate specifically on techniques relating to shooting and dodging, but even players who want to play defense will benefit. Proper footwork and body positioning will be shown to participants enabling them to be successful on both sides of the ball (short sticks are required for the clinic as is full equipment)**

**1/11/2015 from 9am to noon**

**Hot Shots in Mt. Pleasant**

**\$50 – includes a practice pinnie**

**Space is limited/ Max ratio of 10 to 1 (players to instructors)**

**Ages – Players will be grouped in grades 4-6, 7-8 and high school**

**REGISTRATION AND PAYMENT DEADLINE IS 11/25**

**NO REFUNDS AFTER THIS DATE**

**For details go to [www.norwinlax.org](http://www.norwinlax.org) or contact Blaze  
Guzewicz at [bguzewicz@comcast.net](mailto:bguzewicz@comcast.net)**